EDUCATION & TRAINING FOUNDATION

T-LEVELS
THE NEXT LEVEL QUALIFICATION

Dementia Awareness

name
date

Today

You will be able to identify :

01 What dementia is

02 The key functions of the brain that are affected by dementia

03 Why depression, delirium and age-related memory can be mistaken for dementia

Quick Test

Imagine what it would be like to forget everything

What is dementia?

What is it like to live with dementia?

Types of dementia

Research task

You have all looked at Alzheimer's Disease.

Now please research and make notes on the following types of dementia:

- Vascular Dementia
- Lewy Body Dementia
- Young Onset Dementia
- Frontotemporal Dementia
- Alcohol Related Dementia

Case studies

Elizabeth

Elizabeth, 70 years old, lives in Wales with her son, Joe. Until recently, Elizabeth has been coping well at home, even when Joe is at work during the day. However, several times over the last weeks on returning home from work, Joe found Elizabeth wandering in the garden looking lost. When he questions her, Elizabeth does not know where she is and occasionally fails to recognise him. Once or twice Joe has found Elizabeth has left the cooker on.

Based on the case study

Group activity

1. What symptoms is Elizabeth exhibiting?
2. Which type of dementia is Elizabeth probably experiencing?
3. Identify which part of the brain is affected?
4. Make a list of different types of memory impairment that Elizabeth may exhibit.

Mary

Mary is 62, she is the second youngest of 15 siblings and cares for her eldest brother, Donald, who is 82. They live together in her house, sharing a bedroom because Donald needs constant supervision. She is a strong woman and this comes from her close-knit but very large family. Mary worked as a carer for many years but had to give this up because of complications with her health, which meant she could no longer juggle caring for her brother and a professional role. Donald was diagnosed with Alzheimer's disease in 2013 by their GP. He has a learning difficulty and a heart condition, and is registered disabled. In the past ten years, he has suffered a stroke, had a heart bypass, and very recently a heart attack. Donald takes medication for his heart condition, but not for his dementia. He eats sporadically, gorging sometimes and at other times eating very little. He doesn't sleep well and some nights not at all. Donald is fully dependent on Mary's care.

Based on the case study

Group activity

1. What are the PIES impacts of this Dementia on Mary and Donald?

2. What services locally might be available to support Mary and Donald?

Your case study today

1. Investigate- what type of dementia is your case study likely to be exhibiting?

2. What support and treatment might they need?

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